



St John
Scotland

Saving lives together

Volunteer Role	CPR Lead
Responsible to	Respective Area Committee
Where (Location)	Respective local area
Time commitment	Flexible
Volunteer Role Description	<p>Our CPR Lead will support the delivery of bystander CPR demonstrations to community groups across your local area.</p> <p>The demonstrations are very hands on - we aim to give people the skills they need to recognise a cardiac arrest and take the appropriate action. We work with schools (from Primary 1 and above), community groups, businesses and other organisations. Demonstrations are organised and delivered by volunteers.</p> <p>St John Scotland promote the placing of Public Access Defibrillators in communities across Scotland and offer free CPR and defibrillator awareness as part of this work.</p>
Main tasks	<ul style="list-style-type: none">• Respond to training requests to build a calendar of CPR events to be delivered by our CPR Champion volunteers• Lead a small CPR Champion volunteer team. Your role will be to communicate with the volunteers and organise regular volunteer meetings, including initial training sessions.• Organise events, taking into account the individual requirements of the request, volunteer availability and travel distance• Deliver bystander CPR training to people of all ages and backgrounds• Manage the equipment required for the delivery of CPR events – training for this will be provided

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Required skills and experience	<ul style="list-style-type: none">• First Aid, CPR and/or defibrillator knowledge/training is essential• Ability to communicate effectively by phone, email and in person with volunteers and organisations requesting demonstrations• Organised, outgoing and welcoming personality• Supportive of volunteers• Ability to talk to groups of people and give demonstrations of CPR technique• Access to a car is desirable
Training & support available	<ul style="list-style-type: none">• You will be provided with the necessary training to deliver Bystander CPR Training by St John Scotland• Volunteer travel expenses are covered (according to St John Scotland Expenses policy)• Ongoing support from our staff team and other CPR Leads across the country as required• Ongoing volunteer training, mentorship and opportunities are offered as part of your role
Volunteer recruitment process	<ul style="list-style-type: none">• Complete the St John Scotland volunteer application form• Volunteer interview with a member of the CPR area team and the Volunteer Development Officer – a relaxed discussion about the role and an opportunity to ask any questions you have• You will be required to have membership of the PVG Scheme. This will be free for volunteers, and we will provide this as part of the volunteer process